

## Marannook Health and Wellness Procedures

January 2021

### Procedure: Communicable disease prevention plan

#### Purpose:

The health and safety of campers and staff is a priority at Marannook. Following CDC and American Camp Association guidelines, this procedure provides maximum efforts to reduce the risk of spread of any communicable disease including COVID-19. This procedure implements recommended health and safety practices, ongoing monitoring and will be revised as new scientific information becomes available.

#### Action:

##### Campers and Counselors

- Do not share objects or personal items
- Maintain 6-foot physical distance when possible
- Wear masks or face shields/coverings when indoors and unable to maintain 6-foot distance
- Will be screened upon arrival to camp for potential pre-camp exposure to a communicable disease
- Wash hands with soap and water (always wash for 20 seconds) after every bathroom use and before meals
- Wash hands with soap and water when entering their cabin
- Wash hands with soap and water following any activity that results in obviously dirty hands. Otherwise, use hand sanitizer frequently, preferably every 2-3 hours throughout the day.
- Cough or sneeze into hand with a tissue. Dispose of tissue and wash hands with soap and water. When tissue is not available, cough or sneeze into elbow. When soap and water are not available, use hand sanitizer following any cough or sneeze.
- Instructed to not leave toothbrushes or other toiletries on the bathroom counter

##### Campers

- Overnight bunks will be positioned at least 6 feet apart and arranged so campers sleep head-to-toe.
- Campers will be assigned to a small group with other campers from same geographic areas when possible.
- Lodging and daytime activities will take place with the same groups throughout the camp experience.

##### Counselors

- Counselors conduct daily health checks of their team campers every morning by
  - checking temperature of campers
  - observing for any signs of illness of campers
  - asking campers if they have a cough, runny nose, muscle aches that can't be explained by the camp physical activities, vomiting or diarrhea, or loss of taste or smell
  - If the counselor suspects signs of any illness, the health consultant or nurse is contacted. The camper will be immediately isolated from other campers. Health consultant or nurse will discuss with administration about contacting parent to come for the camper. Parents of campers in the group will be notified about the reported symptoms.
- Keep hand sanitizer (containing at least 60% alcohol or greater than 70% isopropanol) with them at all times.

##### Activities

- Are held outside. During inclement weather activities will be held outside under shelter or in large indoor spaces where distancing can be easily maintained.
- Activity group size will be no larger than 12 people including counselor(s)

- Campers will not intermingle between groups for activities

Cleaning/disinfecting:

- Activity equipment and supplies that are used by all groups will be cleaned and/or disinfected between group use and at least daily
- When visibly dirty, equipment and supplies will be washed with soap and water before disinfecting
- Staff will wear disposable gloves when cleaning and/or disinfecting
- Frequently touched services such as door knobs, sink faucets/handles, water refill stations, toilet seats, light switches, counter tops will be disinfected as follows:
  - Early morning (8-9 am)
  - Mid-day (11 am -1 pm)
  - Afternoon (4-5 pm)
  - End of day (8-9 pm)
- Disinfecting will be done when campers are not close by.
- Trash cans are emptied twice a day and more frequently when a trash bag is  $\frac{3}{4}$  full. Staff wear gloves when emptying trash and wash hands with soap and water after removal of gloves.